
A photograph of a forest path with stone steps leading up a hillside. The path is made of large, flat stones and is surrounded by tall evergreen trees. The ground is covered in fallen leaves and twigs. The text "The way of Jesus" is overlaid in the center of the image in a white, serif font.

The way of Jesus

Intro

What comes to mind when
you think of “spiritual
practices or habits”?

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The way of Jesus

**Education is what you learn
and know. Formation is
what you practice and do.**

Formed by...

- Habits & Practices
- The World, the Flesh, & Devil
- God

**Talking about Jesus while ignoring
the way of Jesus has created an
American Christianity that is far more
American than it is Christian.**

The Way

- It is...
- It is not...

**The Holy Spirit calls us to
participate in our
restoration, not contribute
to our restoration.**

**We often treasure attributes that
don't align with the Gospel—
Attributes like independence,
autonomy, and pride in oneself.**


Class Aim

- Formed by God
- Peace & Joy
- Rule of Life

Class Structure

- Practice Conversation
- Short Lecture
- Homework Assignment

**You practiced yourself
into it, so you have to
practice your way out
of it.**

A photograph of a forest path with stone steps leading up a hillside. The path is made of large, flat stones and is surrounded by dense evergreen trees. The text "The way of Jesus" is overlaid in a large, white, serif font, centered on the path. The background shows a rocky outcrop and more trees, with some sunlight filtering through the canopy.

The way of Jesus

Daily Habit 1

Kneeling Prayer at
Morning, Midday, & Bedtime

Ways to Start


- Written Prayers
- Alarms/Reminders
- Praying w/ the Body

Assignment

- Read Daily Habit 1 in The Common Rule.
- Practice Habit 1 everyday this week.

Considerations


- Consider community
- Make it your own
- Embrace repetition

A photograph of a forest path made of stone steps leading up a hillside. The path is surrounded by tall evergreen trees. In the background, there is a stone wall or structure. The text "The way of Jesus" is overlaid in white serif font.

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Reading

**07/12 Week 2: Pages 31-46
(Daily Habits 1)**

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The way of Jesus